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TUBAL STERILIZATION

In anticipation of your upcoming surgery, please review the following information regarding Tubal sterilization.

Tubal sterilization is performed laparoscopically, meaning small incisions in your abdomen to allow passage of a small telescope and two other instruments. After a general anesthetic, the telescope incision will be placed at the area of your belly button. Your abdomen is then filled with air so that we can see the tubes and other anatomy clearly. The other two incisions will be lower, just above the pubic bone area. All three incisions are $\frac{1}{4}$ inch or less in size. They each require one stitch (under the skin) to close. These stitches dissolve. Your tubes will be completely removed, thus PERMANENTLY sterilizing you. This complete removal of your tubes also decreases your chance of ovarian cancer by 50%. Once the surgery is complete you will be watched in the recovery area for about one hour.

After being discharged, we recommend you rest the day of surgery. You may eat and drink as tolerated. You will be given other instructions as well. You should be able to resume normal activities within a day or two.

We will schedule a post-operative follow-up appointment about 2 weeks after your surgery. You will be given instructions regarding following up sooner should you have any problems such as fever, pain, nausea, vomiting, etc.

Of course, any surgery can result in complications, some life threatening. These include, but are not limited to, bleeding, infection, bowel injury, bladder injury, etc. These will also be mentioned in the consent form which you are required to sign.

Let us know if you have ANY questions.

Thank You.